



## Year 2 – Science – Animals, including humans - nutrition



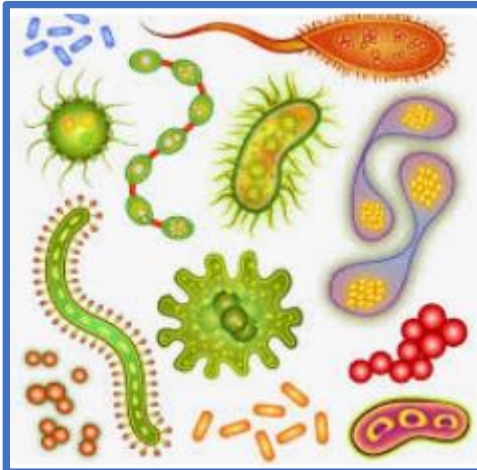
**Concept: Ecosystems** – What all living things need and starting to understand how they depend on each other.

### Vocabulary

**nutrition:** getting the food that is needed for healthy growth

**hygiene:** keeping something clean to prevent disease

**food group:** foods that share similarities in the nutrition that they provide



Germs cause us to get ill, so we need to be sure we are keeping ourselves clean and healthy.



Teeth brushing is an important part of keeping healthy.

We should brush our teeth twice a day to keep a healthy mouth.

